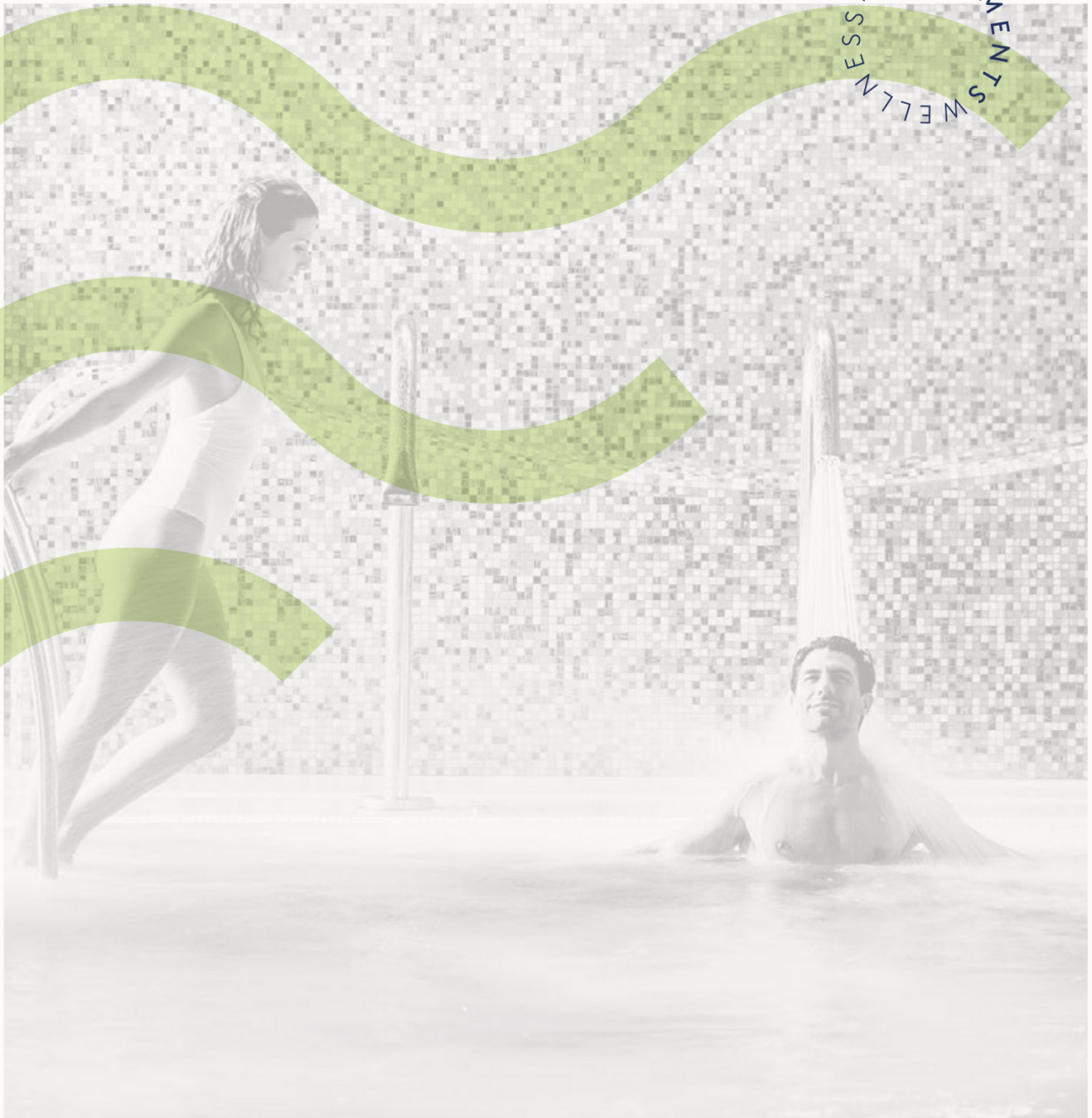



ENGLISH

# *Spa Vulcano*

WELLNESS  
MOMENTS



AN EXPERIENCE BY SPRING HOTELS GROUP



*We offer you a series  
of unique, tailor-made  
programmes and  
treatments that are  
designed specifically for  
you and your needs. come  
and experience a Wellness  
Mmmoment or two of  
your own.*



# Massages

## SPORTS MASSAGE

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A deep tissue massage that includes stretching and joint mobilisation. Ideal after sport or physical exertion.	80MIN 115 €
	50MIN 75 €
	25MIN 45 €

## "SERENITY" RELAXING MASSAGE

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A relaxing massage that eases away stress and tension.	80MIN 100 €
	50MIN 65 €
	25MIN 43 €

## COMBI-MASSAGE (RELAX + SPORT + HOTSTONE-MASSAGE)

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A perfect combination to feel brand new.	80MIN 125 €
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## HOT ORGANIC SHEA BUTTER MASSAGE WITH ESSENTIAL OILS

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An intensely hydrating massage that is perfect for dry or sensitive skin.	50MIN 125 €
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## REFLEXOLOGY SESSION

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A wonderful treat for tired, overworked feet. Stimulate your entire body just from the soles of your feet!	50MIN 65 €
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## "SPIRIT OF TENERIFE" HOT STONE MASSAGE

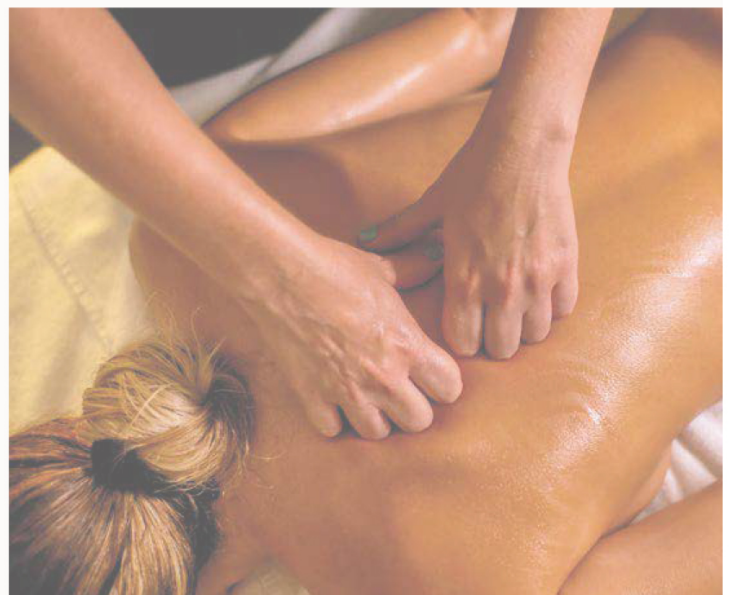
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A fabulous massage using heated stones, which produces a soothing, calming effect. Unblock your energy channels and reduce stress, tension and fatigue.	50MIN 80 €
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## AROMATIC PINDAS

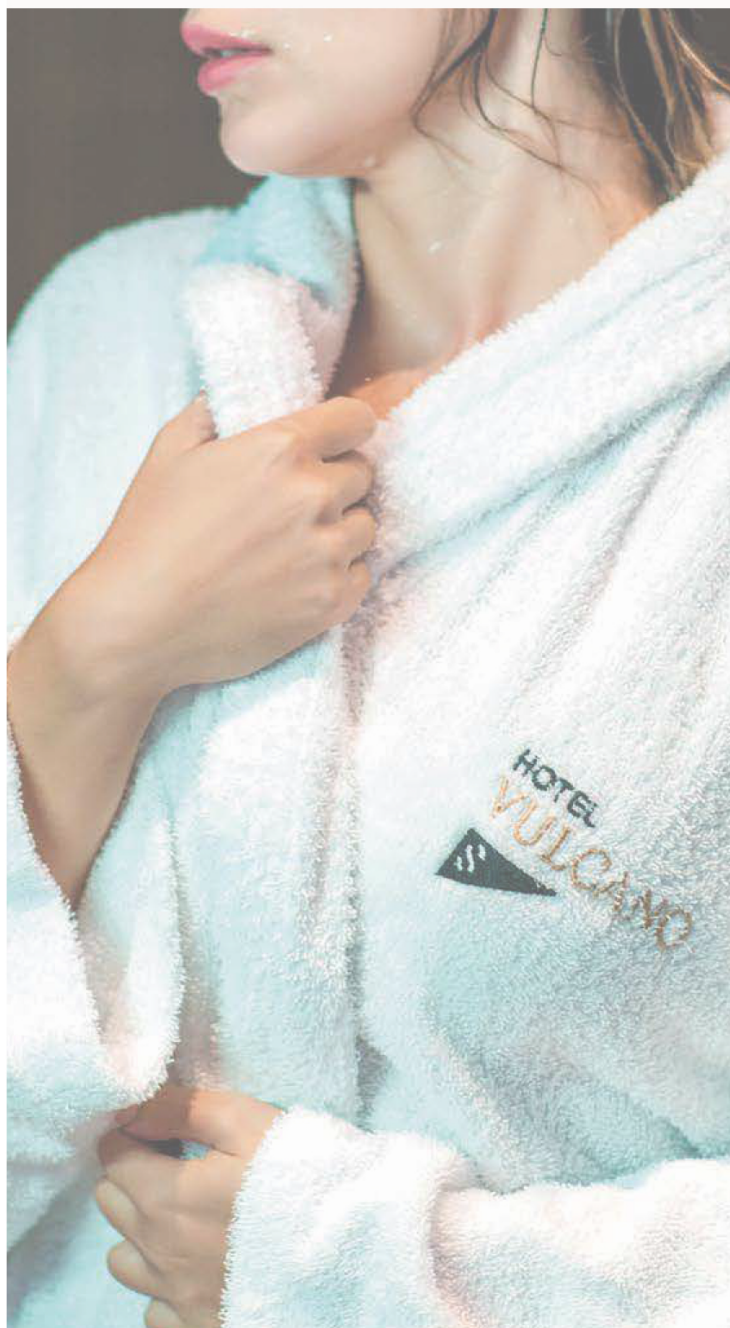
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A massage that combines heat with the pressure from the aromatic pindas in specific parts all over the body. Deeply relaxing, it also helps to relieve muscle tension.	50MIN 80 €
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# Rituals

AWAKEN YOUR SENSES WITH OUR FABULOUS RITUALS. CHOOSE FROM A SELECTION OF FACE AND BODY TREATMENTS THAT RELAX AND DETOX, LEAVING YOU LOOKING AND FEELING INCREDIBLE. ALL OUR PRODUCTS ARE MADE FROM 100% NATURAL INGREDIENTS.



## ANTI-AGING RITUAL

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A sweet orange body and facial wrap with a relaxing massage. 50MIN  
75 €  
Leaves the skin brighter and softer. Especially recommended for smokers.

## AROMATHERAPY RITUAL

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Through an individual testing we will choose YOUR essential oil, 50MIN  
75 €  
Revive, Deep Relax, De-Stress, Inner Strength, Equilibrium. An incredibly relaxing experience.

## OCEAN RITUAL

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The hidden powers from the depths of the ocean is the inspiration behind this treatment, 50MIN  
75 €  
which uses active ingredients to purify, exfoliate and hydrate the skin.

## APHRODITE RITUAL ESPECIALLY FOR WOMEN

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A unique treatment that regulates the pH of the skin, evening out tone and leaving the skin silky soft. It also helps to calm emotions and restore balance, thanks to the wonderful properties of Jasmine Absolute and Bulgarian Rose. 50MIN  
75 €



# Special Treatments



## CELLULAR NUTRI-OXYGENATION

A complete pack that includes:  
Scrub; Wrap; Facial Massage with  
Argan oil & Full Body Massage.

80MIN

125 €

### BODY SCRUB

Stimulates and purifies the skin.

### BODY WRAP WITH OZONATED OIL

Oxygenates cells as it regenerates, revitalises and tones the skin.

### FACIAL MASSAGE WITH ORGANIC ARGAN OIL

Intense hydration for brighter, softer skin.

### FULL BODY MASSAGE

A relaxing massage that leaves you floating on air.

*This treatment uses 100 % natural and organic products.*



## AQUATIC REHABILITATION

The combination of water, heat  
and mobilization allows a faster  
recovery from injuries. Optimal for  
muscle contractures and  
rehabilitation of sports injuries.  
Improves body flexibility.

25MIN

45 €

45MIN

70 €

## INTEGRAL OSTEOPATHY

Manual technique that relieves and  
corrects muscular and skeletal  
structural injuries, effective for the  
treatment of organic pathologies  
such as visceral disorders, digestive  
problems or alterations of the nervous  
system (sacro-cranial), improving  
the general mobility of the body.

50MIN

80 €

80MIN

110 €\*  
\*With localized acupuncture session

## RITUAL FOR COUPLES "ALMASIA"

A unique moment for you and  
your partner. Enter in a space of  
deep relaxation and enjoy a  
matchless experience for body,  
mind and spirit.

50MIN

78 €/ Per

80MIN

110 €/ Per

## RITUAL "WOMAN SOUL"

BIO AROMA & GEM THERAPY

Full Body Massage with essential  
oils and gemes, help to equilibrate  
emotions, woman's wellbeing,  
high benefits for hormonal  
disorders, during menopause,  
enhance your sensuality.

50MIN

78 €

## RITUAL "MEN SOUL"

BIO AROMA & GEM THERAPY

Full Body Massage with essential  
oils and gemes to disconnect from  
your daily stress, increase your  
energy, it takes the edge off and  
rise vitality.

50MIN

78 €



## OLIVE SUPREME / COCO SUPREME

Full body scrub and massage  
with olive oil plus a facial  
treatment. Fabulous for dry skin.

80MIN

125 €

## MASSAGE WITH BAMBOO STICKS

An experience that nourishes, drains  
and contours the body, leaving you  
feeling relaxed.

50MIN

75 €

80MIN

100 €

+ WITH ADDED BODY SCRUB:

# Beauty Treatments



## FACIALS

ANTI-AGING	55MIN 78 €
SENSITIVE Sensitive skin.	60MIN 78 €



HYALURONIC Balancing.	55MIN 78 €
OXYGENATION Purifies, revives and regenerates the skin.	55MIN 78 €
BIO COSMETIC For all skin types.	55MIN 78 €
FACIAL EXPRESS + Reflexology.	50MIN 85 €
FACIAL EXPRESS + Back & Shoulder Massage	50MIN 85 €
BODY AFTER-SUN SPECIAL	25MIN 45 €
BODY SCRUB Highly recommended at the beginning of your holiday for a longer lasting and more even tan.	25MIN 45€

## HANDS & FEET

SPA MANICURE	1H (APROX.) 38 €
SEMI-PERMANENT HANDS OR FEET	90MIN (APROX.) 45 €
REMOVE SEMPI-PERMANENT	15 €
SPA PEDICURE	1H (APROX.) 45 €
SPA MANICURE & SPA PEDICURE	90MIN (APROX.) 70 €
ANTI-AGING MOISTURISING MASK FOR HANDS OR FEET WITH MASSAGE	25MIN 30 €

## WAXING

FULL LEG	25€
HALF LEG	18€
BIKINI LINE	15€
ARMPITS	15€
UPPER LIP	5€
EYEBROWS	5€
EYEBROW TINT	15€
EYELASH TINT	15€



# Programmes

## 1 DAY

### ANTI-STRESS

Spa Circuit (50MIN) & "Serenity"  
relaxing massage (50MIN) 75 €

### APHRODITE PROGRAMME

Spa Circuit (50MIN) & Aphrodite  
Ritual & Express Facial (80MIN) 125 €

### BIODETOX PROGRAMME

Spa Circuit (50MIN) + Facial Ritual  
Biodetox & Reflexology (90MIN) 125 €

*A healthy and complete treatment with phytoactive principles, accompanied by massage techniques and unblocking of energy points. Detoxifies the body, improves balance, rehabilitates the skin's vital functions at a deep level. Oxygenates, drains, purifies and regenerates your skin.*

## 3 DAYS

### SPORT & HEALTH PROGRAMME

**DAY 1** Spa Circuit (50MIN) + Sports massage (50MIN)    **DAY 2** Spa Circuit (50MIN) + Sports massage (25MIN)    **DAY 3** Spa Circuit (50MIN) + Sports massage (25MIN) 160 €

### PERFECT BODY TREATMENT

#### ANTI-CELLULITE / REAFFIRMING

**DAY 1** Spa Circuit (50MIN) & Algae intensive (Body Scrub + Wrap) (50MIN) & Contouring Massage (25MIN) 240 €

**DAY 2** Spa Circuit (50MIN) & Algae Wrap (25MIN) & Massage with Bamboo sticks (25MIN)

**DAY 3** Spa Circuit (50MIN) + Algae Wrap (25MIN) & Contouring Massage (25MIN)

### PAIN RELIEF PROGRAMME

#### SPORTS INJURIES / ATHRITIS / ATROSIS / CONTRACTURE

**DAY 1** Spa Circuit (50MIN) + Integral Osteopathy with Acupuncture session (80MIN +) 240 €

**DAY 2** Spa Circuit (50MIN) + Sea mud treatment with Hypericum oil (25MIN) + Integral Osteopathy (25MIN)

**DAY 3** Aquatic Rehabilitation (45MIN)

**We offer Osteopathy, Water Rehabilitation, Holistic Nutritionist, Meditation Instructor, Yoga Teacher - Ask for more information at the Vulcano Spa Reception.**

**CANCELLATION POLICY:** *A minimum of 4 hours' notice is required for cancellations, otherwise you will be charged for 50% of the treatment or programme. In the case of a "no-show" without any cancellation being made, you will be charged in full.*

OPENING TIMES  
10:00 - 18:00 MON - SAT

TELEPHONE NUMBER  
+34 922 787 740  
EXT.: 5090

VULCANOSPATHALASSO@GMAIL.COM

WELLNESS.SPRINGHOTELES.COM

HOTEL  
**VULCANO**  
YOUR OASIS IN LAS AMERICAS

