

ENGLISH

Thalasso-Spa Arona Gran Hotel

WELLNESS • MOMENTS



AN EXPERIENCE BY SPRING HOTELS GROUP

*We offer you a series
of unique, tailor-made
programmes and
treatments that are
designed specifically for
you and your needs. come
and experience a Wellness
Mmmoment or two of
your own.*

Massages

SPORTS MASSAGE

A deep tissue massage that includes stretching and joint mobilisation. Ideal after sport or physical exertion.	80MIN 115€
	50MIN 75€
	25MIN 45€

"SERENITY" RELAXING MASSAGE

A relaxing massage that eases away stress and tension.	80MIN 100€
	50MIN 65€
	25MIN 43€

COMBI-MASSAGE (RELAX + SPORT + HOTSTONE-MASSAGE)

A perfect combination to feel brand new.	80MIN 125€
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HOT ORGANIC SHEA BUTTER MASSAGE WITH ESSENTIAL OILS

An intensely hydrating massage that is perfect for dry or sensitive skin.	50MIN 75€
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REFLEXOLOGY SESSION

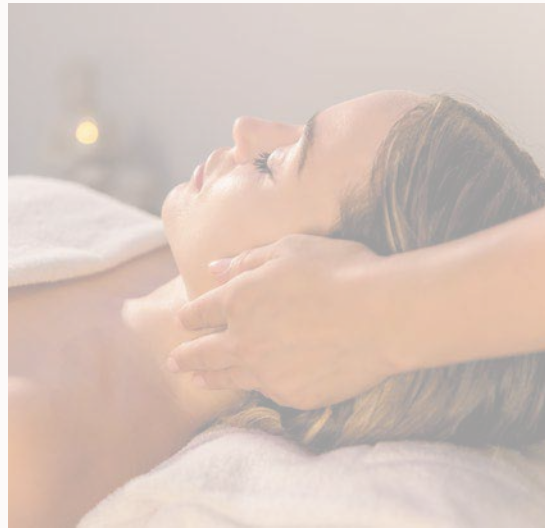
A wonderful treat for tired, overworked feet. Stimulate your entire body just from the soles of your feet!	50MIN 65€
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"SPIRIT OF TENERIFE" HOT STONE MASSAGE

A fabulous massage using heated stones, which produces a soothing, calming effect. Unblock your energy channels and reduce stress, tension and fatigue.	50MIN 80€
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AROMATIC PINDAS

A massage that combines heat with the pressure from the aromatic pindas in specific parts all over the body. Deeply relaxing, it also helps to relieve muscle tension.	50MIN 80€
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Rituals

AWAKEN YOUR SENSES WITH OUR FABULOUS RITUALS. CHOOSE FROM A SELECTION OF FACE AND BODY TREATMENTS THAT RELAX AND DETOX, LEAVING YOU LOOKING AND FEELING INCREDIBLE. ALL OUR PRODUCTS ARE MADE FROM 100% NATURAL INGREDIENTS.



ANTI-AGING RITUAL

A sweet orange body and facial wrap with a relaxing massage. 50MIN
75€
Leaves the skin brighter and softer. Especially recommended for smokers.

AROMATHERAPY RITUAL ANTI-ESTRES

A mix of essential oils that will awaken your senses as they nourish and tone your skin. An incredibly relaxing experience. 50MIN
75€

OCEAN RITUAL

The hidden powers from the depths of the ocean is the inspiration behind this treatment, which uses active ingredients to purify, exfoliate and hydrate the skin. 50MIN
75€

APHRODITE RITUAL ESPECIALLY FOR WOMEN

A unique treatment that regulates the pH of the skin, evening out tone and leaving the skin silky soft. It also helps to calm emotions and restore balance, thanks to the wonderful properties of Jasmine Absolute and Bulgarian Rose. 50MIN
75€

Special Treatments



CELLULAR NUTRI-OXYGENATION

A complete pack that includes: 80MIN
Scrub; Wrap; Facial Massage with 125€
Argan oil & Full Body Massage.

BODY SCRUB

Stimulates and purifies the skin.

BODY WRAP WITH OZONATED OIL

Oxygenates cells as it regenerates, revitalises and tones the skin.

FACIAL MASSAGE WITH ORGANIC ARGAN OIL

Intense hydration for brighter, softer skin.

FULL BODY MASSAGE

A relaxing massage that leaves you floating on air.

This treatment uses 100 % natural and organic products..

OLIVE SUPREME/ COCO SUPREME

Full body scrub and massage with 80MIN
olive oil or Coconuts oil plus a facial 125€
treatment. Fabulous for dry skin.

RITUAL "WOMAN SOUL" BIO AROMA & GEM THERAPY

Full Body Massage with essential 50MIN
oils and gemes, help to equilibrate 78€
emotions, woman's wellbeing,
high benefits for hormonal
disorders, during menopause,
enhance your sensuality.

RITUAL "MEN SOUL" BIO AROMA & GEM THERAPY

Full Body Massage with essential 50MIN
oils and gemes to disconnect from 78€
your daily stress, increise your
energy, it takes the edge off and
rise vitality.

RITUAL FOR COUPLES "ALMASIA"

A unique moment for you and 50MIN
your partner. Enter in a space of 78€/Per
deep relaxation and enjoy a 80MIN
matchless experience for body, 110€/Per
mind and spirit.

MESSAGE WITH BAMBOO STICKS

An experience that nourishes, drains 50MIN
and contours the body, leaving you 75€
feeling relaxed. 80MIN
+ WITH ADDED BODY SCRUB: 100€

Beauty Treatments



FACIALS

ANTI-AGING 55MIN
78€

SENSITIVE 55MIN
Sensitive skin. **78€**



HYALURONIC 55MIN
Balancing. **78€**

OXYGENATION 55MIN
Purifies, revives and regenerates
the skin. **78€**

BIO COSMETIC 55MIN
For all skin types. **78€**

FACIAL EXPRESS 50MIN
+ Reflexology. **85€**

FACIAL EXPRESS 50MIN
+ Back & Shoulder Massage **85€**

BODY AFTER-SUN SPECIAL 25MIN
45€

BODY SCRUB 25MIN
Highly recommended at the
beginning of your holiday for a
longer lasting and more even tan. **45€**

HANDS & FEET

SPA MANICURE 1H (APROX.)
38€

SEMI-PERMANENT 90MIN (APROX.)
HANDS OR FEET **45€**

REMOVE SEMI-PERMANENT **15€**

SPA PEDICURE 1H (APROX.)
45€

SPA MANICURE & 90MIN (APROX.)
SPA PEDICURE **70€**

ANTI-AGING MOISTURISING 25MIN
MASK FOR HANDS OR FEET WITH
MASSAGE **30€**

WAXING

FULL LEG **25€**

HALF LEG **18€**

BIKINI LINE **15€**

ARMPITS **15€**

UPPER LIP **5€**

EYEBROWS **5€**

EYEBROW TINT **15€**

EYELASH TINT **15€**

Programmes

1 DAY

ANTI-STRESS

Thalasso Spa Circuit (50MIN) & "Serenity" relaxing massage (50MIN) **75€**

APHRODITE PROGRAMME

Thalasso Spa Circuit (50MIN) & Aphrodite Ritual & Express Facial (80MIN) **125€**

PROGRAMA BIODETOX

Thalasso Spa Circuit (50MIN) + Facial Ritual Biotetox & Reflexology (90MIN) **125€**

A healthy and complete treatment with phytoactive principles, accompanied by massage techniques and unblocking of energy points. Detoxifies the body, improves balance, rehabilitates the skin's vital functions at a deep level.

Oxygenates, drains, purifies and regenerates your skin.

3 DAYS

SPORT & HEALTH PROGRAMME

DAY 1 Thalasso Spa Circuit (1H) + Sports massage (50MIN) **160€**

DAY 2 Thalasso Spa Circuit (1H) + Sports massage (25MIN)

DAY 3 Thalasso Spa Circuit (1H) + Sports massage (25MIN)

PERFECT BODY TREATMENT

ANTI-CELLULITE / REAFFIRMING

DAY 1 Thalasso Spa Circuit (1H) & Algae intensive (Body Scrub + Wrap) (50MIN) & Contouring Massage (25MIN) **240€**

DAY 2 Thalasso Spa Circuit (1H) & Algae Wrap (25MIN) & Massage with Bamboo sticks (25MIN)

DAY 3 Thalasso Spa Circuit (1H) + Algae Wrap (25MIN) & Contouring Massage (25MIN)



Thalasso Spa Session

HOTEL GUESTS **10€**

EXTERN GUESTS **15€**

CANCELLATION POLICY: A minimum of 4 hours' notice is required for cancellations, otherwise you will be charged for 50% of the treatment or programme. In the case of a "no-show" without any cancellation being made, you will be charged in full.

OPENING TIMES

MO - SA 10:00H - 18:00H

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UP! HOTEL

**ARONA
GRAN**

